



PO Box 3254 • Sunriver OR • 97707 • [mountainmeadowquilters.org](http://mountainmeadowquilters.org)

## April 2022

### Our Mission

Mountain Meadow Quilters shall promote the art of quilt making through education and charitable giving. All levels of skill and ability shall be encouraged and supported.

### Thoughts from the President.....

Attention, MMQ Quilters: There's no doubt about it – we're back!

Those of you who were able to attend our two meetings last month would have to agree – both brought back memories of pre-pandemic MMQ: sewcializing, camaraderie, *and* learning all at the same time. What fun! And wasn't it great seeing actual smiling faces? I'm so glad our newer members may actually have a chance to learn to recognize their fellow quilters, and the rest of us get to know them as well. Zoom is great, but those tiny shots in gallery view just can't compare to a good face-to-face laugh or a welcoming hug.

Many thanks are due to our presenters in March, all of whom were excellent and our own members to boot! As expected, Nancy Fischer's personal quilting journey was interesting, fun, and inspiring all at the same time. Not her fault but Nancy always makes me feel like a rather inadequate quilter; I think our number of years quilting is about the same, but her productivity and skill level, to say nothing of her teaching ability, is about an order of magnitude above mine. Oh well, in my day I could prepare a mean tax return; does that count?

And at our education meeting last week we learned more interesting facts about the Underground Railroad as Bonnie Schaefer and Nancy Fischer presented two more blocks of the month for us and described the "secret code" behind the blocks presented so far. Dorothy Spain introduced her interesting use of facings and hangers on the backs of her quilts. I loved the look of the facings when you have a quilt that really has no need for a border, and I thought the prairie point hangers were fabulous for eliminating the "waving" you can get with a large wallhanging. Did you know you can

actually use those hangers to hold a rod at the base of your quilt as well to make sure it lies flat against the wall? Genius! And Heidi Thaut taught us all sorts of interesting batting matters, making us laugh at the same time.

And if our two great meetings weren't enough, Judy Johnson wrapped up the month with a follow-up workshop to her two previous "Love Affair with Rectangles and Squares" presentations. It was the perfect workshop for our first month of "real" meetings – very casual, lots of laughter, working with each other, and (at least in my case) becoming more comfortable recognizing and using the basic elements of design. We all learned how to easily make "perfect margaritas" with striped fabric squares Judy passed out at the workshop. It just so happens that 7 of us received squares of coordinating fabric, which when combined with the sampler squares Judy had posted in front, were enough to make up a full 20 perfect margarita blocks. We all combined our little triangles and handed them off to Pat Jones to sew up into the 20 blocks "sometime." Well, Pat went into high gear and "sometime" turned out to be that evening, and now I am scheduled to creatively combine those 20 blocks into a charity quilt to be on display at our quilt show in August. Oh my gosh! Luckily Judy lives right down the street from me, and has a design wall. I know I'll be calling on her soon!

I look forward to our next meeting on April 12 – hope you do too! And don't forget the Laura Heine workshops with Joy Helfrich on April 13 & 14. Contact Sandra Henderson to sign up, and look for details later in this newsletter. Happy quilting! -Mindy

**MASTER QUILTERS** Lillian Arnold, Sharann Bean, Mary Buxton, Pauly Edwards, Bev King, Crys Kyle, Gladys Mulrein, Bevalee Runner, Carol Webb, Wendy Hill, Sue McMahan, Judy A. Johnson, Joan Metzger, Kathy Shaker, Valerie Weber, Sarah Kaufman, Tammy MacArthur, Linda Saukkonen, Barb Lowery, Dolores Petty, Michelle McMicken, Marleen Fugate, Pat Jones, Dorothy Spain, Patty Gates and Denise Meese.

## **April 2022**

- Apr 5 MMQ Service Quilt Workshop 10:00-2:00  
Homestead Quilts  
Contact: A Service Committee member
- Apr 12 MMQ Program and Business Meeting,  
1:30 – 3:30, Doors open 1:00  
Community Bible Church at Sunriver  
Program: Joy Helfrich – Exploring collage  
quilts: The Laura Heine method  
Contact: Sandra Henderson
- Apr 13 MMQ Workshop: Joy Helfrich, “Laura Heine  
Collage Technique”  
The Quilt Basket, Bend 9:30 – 3:30
- Apr 14 MMQ Workshop: Joy Helfrich, “Laura Heine  
Fabric Painting Technique”  
The Quilt Basket 9:30 – 3:30
- Apr 19 MMQ Applique Group 11:00-1:30  
Community Bible Church at Sunriver  
Contact: Bevalee Runner
- Apr 25 Deadline for May Newsletter
- Apr 26 MMQ Education Meeting  
10:00-12:00, Doors open 9:30  
The Quilt Basket  
Education: “How to make a curling iron  
case” – Christine Watkins  
TOM: “Using Press and Seal as a template  
for designs” – Heidi Thaut  
BOM: Bonnie Schaeffer/Nancy Fischer  
Contact: Heidi Thaut  
Mercantile Workshop – Christine Watkins  
12:30 – 3:30 Following the meeting at The  
Quilt Basket - bring machines

## **May 2022**

- May 3 MMQ Service Quilt Workshop 10:00-2:00  
Homestead Quilts  
Contact: A Service Committee member
- May 10 MMQ Program and Business Meeting,  
1:30 – 3:30, Doors open 1:00  
Community Bible Church at Sunriver  
Program: “Color for Quilters” – Scott Gilles  
Contact: Sandra Henderson
- May 17 MMQ Applique Group 11-1:30  
Community Bible Church at Sunriver  
Contact: Bevalee Runner
- May 24. MMQ Education Meeting  
10:00-12:00, Doors open 9:30  
The Quilt Basket  
Education: Joy Ryan - TBD  
TOM: “Creating shapes for ideal machine or  
hand applique” – Heidi Thaut  
BOM: Bonnie Schaeffer/Nancy Fischer  
Contact: Heidi Thaut  
Mercantile Workshop – Following the  
meeting – TBD
- May 25 Deadline for June Newsletter

## **Rules of the Job**

Thank you to those who volunteered to help with the Procedures Committee. We will begin meeting the third week in May. We will have a social lunch and then a work meeting. The core committee is composed of the following guild members: Mindy Wolfman, Michelle McMicken, Pat Jones, Jacque Ervin, Valerie Weber, Marcia Schonlau, Janet Sweeney, Susan Campbell and Gail Eldred. Of course, anyone is welcome.

In fact, we will announce (in advance) the exact job procedures under review on what specific dates, in hope that people who have that job/or have held that job will come to that meeting. It would help to have an experienced person there to accurately describe the job.

The first meeting in May will cover the following job procedures: President, Vice President and Immediate Past President.

This may sound over optimistic, but we promise to stop in a reasonable amount of time; if the job description is not completed, we will pick it up at the next meeting. We will review each job description and make changes as needed to update the information. We expect participation from those present for content and grammar corrections. We are anxious to get started.

Call Mindy Wolfman or Michelle McMicken if you have questions.

## **Service Quilts**

Thank you for the wonderful experience of service projects chairperson. I have officially stepped down, but will always be available for any questions or help in any way.

The service quilt workshops at Homestead quilt shop will continue until further notice. We meet the first Tuesday of each month from 9:30 until 3:00. Kits are still available for home or workshops.

MMQ is in the process of making material and batting available from the storage unit. The details are pending. Suggestions are always welcome, that's how we grow.

MMQ is an amazing organization and I am proud to be a part of it.

Sincerely Denise Meese

## Board Members

## Committee Chairs

## Upcoming Classes!



Clam Up Zipper Pouches  
with Fern Inman – April 12



Bob Woven Pant with Belinda  
Batchelder – April 25



Burnside Bibs with Belinda  
Batchelder - May 20 & 21



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Pat Jones 4/3  
Marleen Fugate 4/5  
Bevalee Runner 4/13  
Debra Ewing 4/13

Louise Yoshihara 4/15  
Sue Humiston 4/21  
Barbara Hutchison 4/23

Heidi Thaut, 2023 Retreat Chair • 520-306-8382 • [heidi@sugarplumquilts.com](mailto:heidi@sugarplumquilts.com)



Cynthia England  
Art Quilts  
[www.EnglandDesign.com](http://www.EnglandDesign.com)



Cynthia England is an international fiber artist, pattern designer and author. She is known for the technique she developed called "Picture Piecing". One of her quilts, "Piece and Quiet" was distinguished as one of "The Twentieth Century's Best Quilts." She has received many awards for her work.

## Tranquil Lake



## Smoky Mountain



Peggy Gelbrich  
Traditional Modernized Quilts  
[yellowhousequilter.com](http://yellowhousequilter.com)



Peggy Gelbrich has been quilting and helping others learn the joy of quilt making for over 40 years. Her teaching style won her a nomination for Quilt Teacher of the Year sponsored by the Professional Quilter.

Peggy loves making traditional patterns look new again with modern fabrics and techniques.

Montana Cartwheel  
(Freezer Paper Piecing Technique)  
Intermediate to Advanced



Pickle Dish  
(Freezer Paper Piecing)  
Intermediate



## News From the MMQ Mercantile

It's that time! Time to start making craft items for sale at our Sunriver Quilt Show. There are currently kits available to sew up microwave soup bowl cozies to keep hands from getting too hot, ice cream pint cozies to keep hands from getting too cold, and microwave pouches for preparing quick and delicious baked potatoes. These kits are available in the foyer of the Quilt Basket, or you can pick up a kit or a few at an MMQ meeting. There will be a tutorial and kits available for making curling wand covers at the April Education meeting. Following the meeting, we will have a Mercantile sewing time at the Quilt Basket. There will be a variety of kits/projects to choose from. Please join in and help make some great items for us to sell in August.

I will be collecting donation items for next summer's sale by having a donation box at each MMQ meeting. Donation items needed are quilting or craft books, quilting magazines (nothing older than 2012, please), fat quarters or fabric yardage, sewing notions, or quilting patterns. If you need to drop off donation items at another time, contact me (Christine Watkins at [cwatkinsak@gmail.com](mailto:cwatkinsak@gmail.com) or 832-970-4538) and we can make arrangements.

## Block of the Month for April

At the Education meeting on March 22, it was the Bonnie and Nancy show. We demonstrated Blocks 3 and 4. Block 3 is the Carpenters Wheel and Block 4 is the Bears Paw. The 2022 BOM is based on "The Underground Railroad". Nancy is making her quilt in traditional civil-war reproduction fabrics and Bonnie's quilt will be more modern in "Cabin Creek" fabrics. Both 6" and 12" blocks will be available. We encourage participants to use a variety of fabrics for the quilt, including modern fabrics!

We have added a new feature to the BOM with a quilt competition. It will be a judged competition with four categories: Best Traditional Interpretation; Best Modern Interpretation; Best Use of Fabric; and Most Creative. Quilts must be completed with a label on the back of the quilt. Quilts will be judged at the Education Meeting in April 2023 by an outside party. Ribbons and prizes will be awarded to the winners.

Happy Quilting!  
Bonnie and Nancy

## Technique of the Month for April

Heidi Thaut, Sugarplum Quilts. How to Create Quilting Designs with Press and Seal on your domestic or longarm machine.

## April Education Meeting

Mercantile Project: Curling Iron Case

Christine Watkins will show how to make a handy curling iron case. We will sell these at our Sunriver Quilt Show. She will follow up with a mercantile workshop at The Quilt Basket after the meeting.

## May Education Meeting

Mercantile project: Joy Ryan

## Technique of the Month for May

Going in Circles. Techniques and tools for drawing and recreating perfect circles for hand or machine sewing. Heidi Thaut

## Treasurer's Report

Greetings, quilters!

Another quiet month, from a financial perspective. Currently we have \$5,009 in our checking account and \$19,860 in our savings account. Within the savings account, \$7,659 is designated for the 2023 retreat. The balance of our Cash Reserves in the savings account is \$12,200.

Respectfully submitted,  
Sandra Henderson, Treasurer  
[Sandra97707@gmail.com](mailto:Sandra97707@gmail.com)

## Drawings Winners March 8, 2022

Book #1	Karen Padrick
Book #2	Ruth Kinane
Cynthia's Homestead	Pam Clark, Diana Knight Barb Owens
The Quilt Basket	Trisha Tyler, Ruth Kinane
Sew Many Quilts	Marcia Schonlau, Connie Cleveland
Stitchin' Post	Phyllis Neumann
Thread Dancing	Denise Meese
Quiltsmart	Lori Hecker

## **April Program Presentation - April 12** Joy Helfrich - Exploring Collage Quilts

Joy Helfrich of The Boring Quilt Company will be our featured speaker at the April Business Meeting. Seriously... the Boring Quilt Company? Yep, Joy hails from the small town of Boring, OR (nestled in the foothills of Mt Hood) and will share her story -- which is anything but boring!

Starting as a "lottery dream," the Boring Quilt Company came a reality. Although Joy has yet to win the lottery, the pandemic reminded her that life was precious and to take a chance on doing what she loved. This included becoming a Certified Instructor in the Laura Heine approach to collages.

Over the years, Joy has tinkered with many types of textile art from embroidery, tatting, crocheting, to quilting, and landscape collage. She enjoys visiting museums that showcase embroidery, hardanger, lace, and quilting. Joy loves that we can carry on the traditions that were passed down from our foremothers. Her great-grandfather's spinster sisters sold handwork in a kiosk in Oslo during the turn of the 19<sup>th</sup> century. Her maternal grandmother was a seamstress and avid quilter. Her paternal grandmother could crochet the most intricate patterns, and her mother was always sewing something from clothes to hot-pads. Joy proudly continues her family heritage and we are delighted that she will share her story with MMQ at the April Business Meeting.

Joy will also be teaching two workshops (April 13 and 14) on two Laura Heine collage techniques. There are still a few openings for the April 14 workshop. Contact Sandra ([sandra97707@gmail.com](mailto:sandra97707@gmail.com)) with any questions.

### **Collage Workshops** The Laura Heine Method

#### **April 13 and 14** at The Quilt Basket

Taught by Joy Helfrich – Certified Instructor  
Mark your calendars! Here is your chance to learn two of Laura Heine's collage techniques. Joy Helfrich will be teaching the Floral Collage technique and the Painterly technique. Collage quilts are known for their whimsical, brightly colored designs.



**Day 1 (April 13)** – Floral Collage Technique – *Old Blue* (16 x 20" truck) \$35.00 for the class

**Day 2 (April 14)** – Painterly Technique - *Abilene* (16 x 20"cow) \$35.00 for the class

Pattern includes both of the designs we will be using (\$25 pattern purchased from Instructor). *Teeny Tiny Collage Pattern Group # 2*. Samples of both quilts will be available at the March 8 meeting. Joy will have kits available for sale (pre order only.)

You can sign up for one day or both days. We are limited to 15 participants each day, so act fast as we expect this to be a full workshop.

Contact Sandra Henderson [sandra97707@gmail.com](mailto:sandra97707@gmail.com) to register. Please let me know if you want one or both workshops. You can pay online or mail a check to MMQ, PO Box 3254, Sunriver, OR 97707. Once your payment has been received, you will receive the class supply list.

Please let me know if you have any questions. You can send me an email or text 303 817 3774.



## MMQ BUSINESS MEETING MINUTES

3/8/22

### COMMUNITY BIBLE CHURCH

**PROGRAM:** Sandra Henderson introduced Nancy Fischer, who presented her program "One Quilter's Journey: Learning Along the Way." She began with sewing doll clothes and her own clothes, then began quilting when she attended a quilting convention. Since then Nancy has continued to take classes, learning something new all the time. She showed us many beautiful quilts that illustrated her journey and her creativity. She has begun designing her own patterns and continues teaching Quilting 101 and 201 at The Quilt Basket.

**ANNOUNCEMENTS:** Mindy Wolfman passed around a clipboard for the Procedures Committee and interested parties to meet in May and June at a social hour.

**CALL THE MEETING TO ORDER:** Mindy Wolfman called the meeting to order at 2:25 pm.

**VISITORS:** Janet Sweeney - There were no visitors in attendance.

**THINKING OF YOU:** Sandy Schmidgall has been ill and doctors don't still know what's wrong yet. She continues to have tests and feels hopeful for answers soon. She welcomes phone calls and emails, not in the afternoon.

**MINUTES:** The minutes of the 2/8/22 business meeting which appeared on page 7 of the March newsletter had no corrections. A motion was made by Nancy Fischer to approve the minutes as written; Marcia Schonlau seconded the motion. A vote was taken and it was unanimous to approve the minutes.

**TREASURER'S REPORT:** The treasurer's report appeared on page 2 of the March newsletter. A motion was made by Nancy Fischer to approve the Treasurer's Report as presented; Pat Jones seconded the motion. A vote was taken and it was unanimous. The motion was approved.

**MEMBERSHIP:** Janet Sweeney reported that as of today we have 87 members. Remember to contact Janet if you have website sign-in issues or membership/dues questions.

#### EDUCATION:

- The March education meeting features Heidi Thaut presenting "Batting Matters." For Technique of the Month, Dorothy Spain will present "Facings and Hangers on Quilts." Nancy Fischer and Bonnie Schaefer will present the Block of the Month. Judy Johnson offered handouts/kits to those who missed the last Education meeting. She spoke about the Perfect Margarita and rotating triangles. She will cut fabric so we can practice. No sewing machine is necessary unless

you want to sit and work on your quilt from her kit afterwards. Sign up with Mindy by email/text.

- In April Christine Watkins will show us how to make a curling iron case. Technique of the Month will be Heidi Thaut who will teach how to create designs with press & seal. Afterwards there will be a workshop to make the curling iron cases or other mercantile projects.

**NEXT MONTH'S PROGRAM:** Sandra Henderson presented.

- The April 12 program will be Joy Helfrich presenting on Collage Quilts. This will be followed by two workshops on April 13 and 14 on Laura Heine collage quilts. Let Sandra know if you want to attend. Act quickly as the classes are close to being full. If they don't fill up, spaces will be offered to other guilds.
- The May 10 program is "Color Theory for Quilters" presented by Scott Giles.

**SERVICE PROJECTS:** Denise Meese still needs someone to take over her position. So far we have donated 36 quilts, plus there are several more quilts in progress. There will be a delivery date in 1-1/2 weeks and everyone is invited to come along.

**HOLIDAY PARTY:** Carol Stec - "Christmas Carol" - was introduced as the holiday party chair.

**GRACE ERREA:** Diana Knight reminded us that Grace Errea will present at the Mt. Bachelor Quilt Guild on Monday 3/14 at 6:00 pm via Zoom. She is also doing a two-part workshop March 19 and 26 on The Value of Value and heat-set appliqué techniques.

**QUILTED NAME TAGS:** Barb Owens reminded us that she will embroider names/logos for quilted name tags for a donation of \$10 with proceeds going to education. Members need to provide their own fabric.

**COFFEE MUGS:** Carol Stec is making and selling MMQ coffee mugs for \$10.

**SISTERS QUILT SHOW:** There are 16 signed up for our special exhibit; these members are reminded to register by April 29th on the SOQS website.

**SUNRIVER QUILT SHOW/MERCANTILE:** Kits are available in bins located at The Quilt Basket in the front lobby to make soup bowl cozies, ice cream cozies, and microwave baked potato bakers. Return completed items to the same bins or at a meeting.

#### SHOW AND TELL

#### DRAWINGS

The meeting was adjourned at 3:30pm.

Respectfully submitted,  
Becky Mallatt, Secretary  
Mountain Meadow Quilters



## THREAD DANCING BY JULIA JEANS

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**News from Our Sponsors** With donations, classroom space, and special activities, local businesses have supported our guild. We greatly appreciate their support and want to promote their businesses by sharing their latest news.

## Stitchin Post


Happy Spring Everyone,

It feels so good to see blue skies and sunshine, and green reappearing in the landscape! I love spring! It feels like spring in the store too--a bunch of ships must have gotten unloaded, as we have been receiving multiple boxes of fabric daily in the last few weeks. It feels so good when I come in to help Val out and walk around the store and see all the fresh, new colors. Jackie and our staff have been busy with new samples and new kits. I just finished another Running Wild table runner and we have kits, Nancy made an Eclipse print quilt with stars and moons, and Jackie's just finished our classic Victoria's Garden quilt out of In the Beginning fabric. In the works is a Picnic in the Market log cabin floral, and bright solid quilt--it is never-ending!

We are also gearing up for spring with new classes, so check out our web site. And, if you are interested in helping us out during quilt show week cutting fabric, PLEASE give Annette a call. We pay our helpers and love having new faces to help out our visitors.

Don't forget to take a look at my blog, "Dreaming in Color," that just came out. I shared lots of ideas on choosing color palettes.

Jean



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