


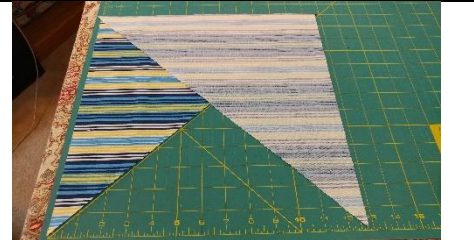


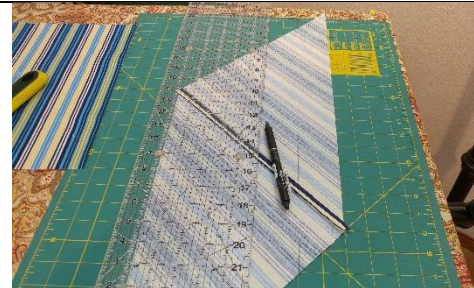






CONTINUOUS BIAS BINDING

Reasons for using a bias binding:

- Curved edges on a quilt (or potholder) that require a more pliable/flexible binding.
- Wanting to use a check, plaid, or stripe on the diagonal for your quilt binding or **trim**

Process for cutting a **Continuous** Bias Binding:

		
<p>Cut fabric square to width for desired inches of binding per Continuous Binding Worksheet or C B Cheat Sheet</p>	<p>Cut square diagonally from corner to corner (a 45 degree angle)</p>	<p>Take lower right piece of fabric and flip the long edge up so it is even with the upper left piece of fabric</p>
		
<p>Once flipped, it will look like this. Sew 1/4" seam across top. (There will be a 1/4" dog ear overhang on each end of the seam.)</p>	<p>Press seam open and clip dog ears.</p>	<p>You now have a parallelogram</p>
		
<p>Turn to wrong side and begin drawing lines per the desired width of your unfinished binding, e.g. 2", 2-1/4", 2-1/2".</p>	<p>Also draw a line 1/4" from each narrow (angled) end so you can see where the 1/4" seam will intersect with the width lines.</p>	<p>Bring the short, angled raw edges together, offsetting the lines by one so the fabric looks a little "wonky".</p>
		
<p>Pin seam - matching intersections of 1/4" seam line and binding width lines. Then sew 1/4" seam.</p>	<p>Using scissors, cut along the lines drawn on the fabric to get a continuous length of binding.</p>	

Continuous Binding Cheat Sheets can be found at <https://thesewingloftblog.com/calculating-continuous-bias/>