Mountain Meadow Quilters

April, 2020



PO Box 3254 Sunriver, Oregon 97707 mountainmeadowquilters.org

Our Mission

Mountain Meadow Quilters shall promote the art of guilt making through education and charitable giving. All levels of skill and ability shall be encouraged and supported.



A flower to brighten your day!



CALENDAR

All Meetings Cancelled Until future notice. Hopefully, we can resume in May. Stay home, stay healthy and have fun quilting!

Thoughts from the President...

Well, Spring is finally here once again. I've successfully completed both of back procedures and am ready to begin working outside and finally getting back into our sewing studio to begin work on all the projects that I've spent the last six months thinking about.

We're facing some uncertain times at present. The board has been communicating by emails updating one another as the situation continues to evolve. While we're expecting additional timeframes for closures and meeting restrictions beyond the current ones currently in effect. We've announced meeting cancellations through the first half of April, we'll let all of you know if we need to cancel any additional meetings.

The Retreat has not been cancelled. It is anticipated, as I write this, that the government will extend the meeting restrictions beyond the May timeframe of the Retreat. Heidi Thaut and her team have worked very hard to put together this year's Retreat. They continue to work with the hotel with the aim that if restrictions continue beyond our Retreat dates, they will attempt to work out a postponement until next year at the same time. If you have questions, please call me at 541-536 -1046 or email me at President@MountainMeadowQuilters.org.

Debra Ewing is working with our April speaker. I'm not sure at the moment if she will be rescheduled for later this year or perhaps next year. You can be sure that the Program committee will do what they can.

Lavelle Wallace, our newsletter editor, has suggested that members send in articles and photos discussing what you are doing during this period of isolation. Or, how about sharing one of your favorite recipes with the membership. You can make your submissions to mmgnewsletter@gmail.com. All submissions should be submitted by the 25th of the month to make the next issue release date. Mike

MASTER QUILTERS

Lillian Arnold, Sharann Bean, Mary Buxton, Pauly Edwards, Bev King, Crys Kyle, Gladys Mulrein, Bevalee Runner, Carol Webb, Wendy Hill, Sue McMahan, Judy A. Johnson, Joan Metzger, Kathy Shaker, Valerie Weber, Sarah Kaufman, Tammy MacArthur, Linda Saukkonen, Barb Lowery, Dolores Petty, Michelle McMicken, Marleen Fugate, Pat Jones, Dorothy Spain and Patty Gates.

























PROGRAM MEETING

Joyce Gieszler, currently residing in Yakima, WA, was to present a humorous look at how to unburden yourself from Unfinished Objects (UFOs) at our April 14th meeting at the SHARC.

We hope to book her again once we can resume meeting together!

She will share proven ways to tackle those projects, along with a trunk show of results . . . with a few new ones thrown in for inspiration. Her presentation is called Start to Finally Finished!

BLOCK OF THE MONTH

BOM will continue once education meetings start again. In the meantime, enjoy the extra quilting time.

Lillian Arnold is turning 100!

Lillian Arnold, beloved founding member of MMQ, will celebrate her 100th birthday on May 22, 2020. In addition to the part she played in founding the guild, Lillian is solely responsible for starting the applique group that has been meeting



for approximately 30 years. A few members of the applique group had hoped to visit Lillian in the Eugene area on her birthday, but at this writing, it looks doubtful that we will be able to go. Bevalee is putting out the call for as many birthday cards as possible to be mailed to Lillian to show our love and appreciation for all of her years of dedication to guilting and to our guild. Please send cards to:

Lillian Arnold 37142 Row River Road Dorena OR 97434

Sit-n-Sew

The April 7 Service Quilt Sit-n-Sew session is canceled. Thanks for your continuing support.

SUNRIVER QUILT SHOW DONATIONS

It's the perfect time to look through your guilting materials, organize, and declutter. Please consider recycling your extra quilting books, magazines (from the past 5 years), quilt patterns, or fabric (for our fat quarters sale) by donating them for others to buy and enjoy. I will have a basket at each MMQ meeting (hopefully before too long!) for you to put your donated items. The items will be sold at the MMQ Mercantile at the Sunriver Quilt Show in August. Please contact me with any questions!

Christine Watkins, 832-970-4538.

NEWSLETTER DEADLINE

Deadline for the March newsletter:

Friday, April 25th

Please send newsletter articles to: Lavelle Wallace, Newsletter Director, at mmqnewsletter@gmail.com.

TECHNIQUE OF THE MONTH

Our Technique of the Month for March would have been presented by Heidi Thaut. She will be sharing it when our meetings resume.





























Apr 3	Pat Jones
Apr 5	Marlene Fugate
Apr 6	Cindy vom Steeg
Apr 13	Bevalee Runner
Apr 13	Deb Ewing
<i>A</i> pr 15	Holly Rhodes
<i>A</i> pr 15	Louise Yoshihara
Apr 20	Cathi Kleckner
Apr 21	Sue Humiston
Apr 27	Kim Anderson



2020 Board Members and Committees

Board Members

<u> </u>	
President	Mike Carriger
Vice President	Marcia Schonlau
Programs	Debra Ewing
Programs Assistant	Penny Ueeck
Education	Sue Schimke
Education Assistant	
Secretary	Nancy Fischer
Treasurer	Mindy Wolfman
Assistant Treasurer	
Membership	
Newsletter	
Newsletter Assistant	
Service ProjectsDenise Meese (Chair)	
Immediate Past President	.Sandra Schmidgall
<u>Committees</u>	
Holiday PartyMarleen Fugate (Chair) /	

Holiday PartyMarleen Fugate	
HospitalityPhylli	•
GreeterDonna Crye / Amy Hai	
Room monitor for BJ's	
Secret Pals Assistant	Ullistille Watkins
Secret Pals Assistant	Linda Beliby
Communications / Webmaster	
Webmistress Assistant	Mindy Wolfman
Drawings	Jeri Banton / Wendy Warren
Sister's Outdoor Quilt Show	Ruth Kinane
Sunriver Quilt Show	
Sunriver Quilt Show Assistant	Bonnie Schaefer
MercantileJeri Banton; P	
Bo	ok Sales: Christine Watkins
Applique	Bevalee Runner
2020 Retreat Chair	
Historian	Michael Carriger
Block of the Month	Nancy Fischer
Technique of the Month	
Outreach	
0 40 04011	

THANK YOU FOR YOUR SUPPORT!

Our Website is OPEN for Business: Valori and Olivia are taking orders for CURBSIDE PICKUP: 10am - Noon



Stitchin
POST

THE POST

T

call ahead and order/pay via phone, and we will bring your order out to your car. OR email stitchin@stitchinpost.com with your order and phone number, and we will call to get your info.

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LUCKY DRAWING RECIPIENTS! Feb & Mar

Quilt Shop / Sewing Machine Shop Donations:

BJ's Quilt Basket Sandy Schmidgall Louise Carriger Cynthia's Sewing Center Carol Stec Michele Mullenberg Homestead Quilts Martha Deuchler Sharon Boyer Material Girl Fabrics Sally Wilson Michelle McMicken Sew Many Quilts Karen Padrick Diana Knight The Stitchin' Post Bevalee Runner Sue Schimke

Book #1 Barb Owens
Book #2 Connie Cleveland

A big thank you to the quilt shops, sewing machine shops,



EDUCATION MEETING © BJ's Quilt Basket

Deb Ewing's Education presentation on

MAKING MULTIPLE HALF SQUARE TRIANGLES (HSTs) USING the GRID METHOD - addressing how to make multiple HSTs at one time - more than 8 at a time - like 16 or 32 or even MORE! - will be presented at some time in the future. But if you were looking forward to using this method on a project in the near future, you can find a copy of her handout - with pictures and easy explanations and formulas - on the MMQ website at www.mountainmeadowquilters.org. Login and click on Forms & Quilt Tips at the top of the page. Then, under Quilt Tips at the bottom of the page, click on Technique of the Month. You'll find it there.

Best! Deb

Sunriver Quilt Show

We have no new updates regarding the Sunriver Quilt Show. Look for more details in the May newsletter. In the meantime, we look forward to seeing the wonderful quilts being made during the additional time most of us are spending at home.

For more information contact:

Sandra Henderson - sandra97707@gmail.com 303 817 3774.

POTHOLDERS

With all this extra timemake potholders!!!

Dorothy Spain will be bringing kits to meetings for you to pick from and complete.



The goal is 300 potholders. If

everyone in MMQ made 2 potholders, we would reach

MMQ Business Meeting

Call the Meeting to Order: Mike Carriger called the meeting to order at 10:00 am.

Visitors: We had one visitor, Joanna Conrad from Bend. **Hospitality:** Thank you to those who brought food.

Thinking of You's: Heidi Thaut's husband is in the hospital.

Announcements: Mike Carriger asked if there are any sign-up sheets to pass them around now and at the break it can be determined if they made it around the room. Mike stated that at this time there are no cases of Coronavirus in Central Oregon; there are cases in Portland, Seattle and Klamath Falls. Mike asked if you are running a fever, coughing or have a cold to not come to MMQ events. There is a chance in the future we may need to cancel meetings.

Next Board Meeting: The next Board meeting will be April 2 at 10 am at the Sunriver Library.

Proposed Amendments to Bylaws: Mike Carriger introduced Nancy Fischer who made a PowerPoint presentation on the proposed amendments to the bylaws. Mike asked that she be allowed to complete the presentation before asking questions. One question was asked. A motion was made and seconded to approve the proposed amendments to the bylaws. There was no discussion. A vote was taken and it was unanimous. The motion was approved.

Programs, Education and Flag Class: Debra Ewing stated that the April 14th program will be Joyce Gieszler from Yakima, Washington. She will be doing her lecture "Start to Finally Finished"...a humorous look at how to tackle and finish those UFO's.

Debra Ewing will be teaching the grid method of making a large number of HST's. She also mentioned that she will teaching the quilt "Star Spangled" designed by Brick cottage Quilts after the March 24th education meeting.

Program: Debra Ewing then introduced Dorothy Spain, 2018 Master Quilter. Dorothy presented many quilts she has made over the years plus cross-stitch and wool applique.

Break

Approval of Minutes: The minutes of the February 11, 2020 business meeting were provided to the membership in the March newsletter. A motion was made, seconded and a vote was taken. The vote was unanimous. The Minutes were approved as presented.

(continued on next page)

Treasurer's Report: Mindy Wolfman gave her report: This is a very short report this morning; there's nothing much going on finance-wise with MMQ right now. We have collected dues from 121 members so far, which is very good, but still almost thirty members short of our goal of 150. Please remind your friends and neighbors to pay their MMQ dues for 2020; they don't have to be quilters to come to our meetings and enjoy our programs. The retreat committee is working hard to be ready for the big event on May 12 - May 14. Mindy will be sending out email reminders to all participants within the next week or so that final payments are due by March 31. And we still have a few openings in all classes, so email me or HeidiThaut if you're interested in participating! Currently we have \$7,800 in our checking account and \$13,500 in our savings account. Within the savings account, \$2,600 is reserved for future fixed asset purchases, and \$10,900 is designated for this year's retreat. A motion was made, seconded and a vote was taken. The vote was unanimous. The Treasurer's Report was approved.

Quilt Retreat: Heidi Thaut sent a note to Mindy Wolfman to read: we still have openings in the two classes; two openings in the landscape class with Cynthia England; and 6 openings in Maggie Ball's class. Cynthia's class requires a kit for \$37. The pattern for Maggie's class is \$6. Sit 'n Sew is full. Cost: \$250 for classes with teachers and the sit-n-sew is \$150. The Retreat opens on May 12 at 7:30 am so you can come early and set up. The guild meeting will be held at the River House with Maggie Ball doing a presentation and trunk show. There will be a one- hour break and then the retreat starts at 1 pm. There will be after dinner programs for both Tuesday and Wednesday night, which are optional. Tuesday is game night and Wednesday is Cynthia England's presentation and trunk show. The classrooms close at 9 pm. Retreat attendees will get breakfast and dinner. Box lunches will be available for purchase and there will be a room you can eat in. No outside food.

Service Projects: Denise Meese stated that the last sit-n-sew started eight quilts. The Quilts for Honor flight have been postponed until October due to Coronavirus. CASA is pending for donating quilts to.

Potholders: Dorothy Spain brought potholder kits. All potholders must have Insulbrite to go into our sales area. Dorothy layers potholders with backing, batting, Insulbrite and top = 4 layers. On March 31st they will be working on pet beds at Homestead Quilts from 10 am to 2:00 pm.

Sunriver Quilt Show: Sandra Henderson is co-chair with Bonnie Schaefer. Patty Gates will be our volunteer coordinator and is looking for a helper. In the next newsletter, there will be a list of volunteer opportunities. She is looking for someone to deliver posters to local quilt shops before the Central Oregon shop hop at the end of April.

Mercantile Workshops: The cord wraps mercantile class on March 26th has been cancelled. Holiday Party: December 8 at the Great Hall.

Newsletter The deadline for the April 1 newsletter is 3/25. Newsletter is posted to the website on the first of each month (except January 1).

Applique: March applique will meet at Bevalee Runner's. April applique will meet at Karen Padrick's.

Secret Pals: if your secret pal does not pick up their gift, please take it home. Mindy Wolfman volunteered to take Judy Johnson's secret pal gifts.

Show and Tell occurred.
Drawings Occurred.
Meeting was adjourned at 12:00 noon.
Respectfully submitted,
Nancy Fischer, Secretary
Mountain Meadow Quilters



Stay at Home - What's a person to do?

Here is what some of us are doing...

Karen Padrick

This is using Deb's TOM on the scrappy Irish chain. I made it for the Flight of Honor so it's red, white and blue scraps.



Phyllis Neumann and Gayle Norona

Made Quiltsmart Mondo Bags



Renee Miles

During isolation I have been making face masks





If you have an interest in making facemasks
there is a pattern and directions compliable with
St. Charles Hospital. You can find information on
Facebook by joining the group:

Central Oregon Emergency Mask Makers

Marcia Schonlau

43x43 UFO from a class several years ago.





Susan Campbell

Currently I am working on my Tomte quilt and Placematties.

In addition, trying new recipes, tried a new shrimp scampi recipe that was easy and delicious and tomorrow trying homemade chocolate frozen yogurt.



Lavelle Wallace - Recipe Korean Ground Beef/Rice Bowl

INGREDIENTS

- 1 pound lean ground beef (90% lean)
- 3 garlic cloves, minced
- ½ cup packed brown sugar
- $\frac{1}{4}$ cup reduced-sodium soy sauce
- 2 teaspoons sesame oil
- ½ teaspoon ground ginger
- $\frac{1}{4}$ teaspoon crushed red pepper flakes
- $\frac{1}{4}$ teaspoon pepper
- 2 cups hot cooked white or brown rice
- sliced green onions and sesame seeds for garnish

INSTRUCTIONS

In a large skillet cook the ground beef and garlic breaking it into crumbles over medium heat until no longer pink.

In a small bowl whisk brown sugar, soy sauce, sesame oil, ginger, red pepper flakes and pepper. Pour over the ground beef and let simmer for another minute or two.

Serve over hot rice and garnish with green onions and sesame seeds

Add vegetables of choice after browning beef. You can add any vegetables you have on hand. I use a variety of Bok Choy, Celery, Onion, Broccoli, Red Peppers and at the very end, stir in grated Carrots.

To make it Soy Free – use Coconut Aminos

Lavelle Wallace

At the Quiltsmart workshop, some of you asked for this recipe...

Cranberry Bliss Bars

- 1 c. butter
 - $1\frac{1}{2}$ c. packed brown sugar
 - 2 eggs
 - 2 t. vanilla
 - 2 ½ c. flour
 - $1\frac{1}{2}$ t. baking powder
 - 1 t. salt
- 1 3 4 c. white chocolate chips large bag
- $1\frac{1}{2}$ c. dried cranberries
- $\frac{1}{4}$ c. grated orange zest
- 1 c. chopped toasted pecans

Preheat oven to 350

Combine ingredients in order. Beat until mixed well.
Spread evenly into a 9x13 sheet pan,. Bake at 350 for 20 minutes. Cool and frost.

Frosting

- $\frac{1}{2}$ c. softened butter
- 1 8 oz package cream cheese at room temperature (or goat cheese)
- 1 c. powdered sugar
- 2 t. vanilla
- 1 T. grated orange zest Spread frosting on bars

Sprinkle evenly over top

- 1/3 c. chopped dried cranberries
 - 2 T. grated orange zest

Melt 6 ounces high quality chocolate and drizzle over bars. Cut into 3" squares and then triangles.

Deb Ewing

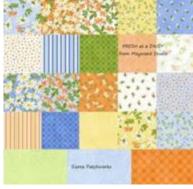
As for what I'm doing as we practice Social Distancing . . . I'm helping my sister, Cindy, care for our elderly parents who live across the street . . . AND caring for 3 of my grandchildren on Thursdays and Fridays while school is out. I care for Mom and Dad on Wednesdays, and the kids come Thursdays and Fridays. They all need care, so we are doing our best to keep everyone apart, to wash hands, have on freshly washed clothes that the kids haven't been exposed to when I go to my folks, and keep everyone as safe as possible under the conditions!

For fun, I'm working on a gift for our oldest grandson's high school graduation (so sad that no ceremony will take place, but so proud of his high school career)! He and his Grandpa Chuck (my hubby) have quite a bond, so I'm making a denim and flannel ragged quilt - made from a big stack Grandpa's Wrangler jeans I've cut up (I've been saving the jeans as they started to show wear over the past 5 years) and Grandpa's flannel shirts. (My hubby gave up a few shirts that really still had a lot of wear in them, but they would look great in the quilt and Anthony would remember his Grandpa wearing them . . . so Chuck gave them up! LOL!) Our daughter (his Mom) choked up when I told her about the quilt and said, "Oh, Mom! An heirloom! \underline{I} want that quilt!" - and then she laughed through her tears. I'm glad she thinks that Anthony will love it.

I'm using 8" squares and $\frac{1}{2}$ " seams. It will be 7 rows across and 11 rows down in 8 different flannels plus the denim, so it will end up being 49" x 77" (I always like to make my lap quilts at least 72" (6 ft) so they cover your feet when you cover up in them - a suggestion my son made when I made a ragged guilt for him 25 years ago that didn't quite cover his feet). And no, it won't be random/scrappy. (Does this surprise you? LOL!) I plotted out every piece!

AND I'm going to make the CUTEST baby quilt (for no one in particular) called Pinwheels and Prairie Points out of the Fresh As a Daisy collection by Maywood Studio. (You can download the pattern from the Moda Bakeshop at http://www.unitednotions.com/MBS-pinwheel-baby-quilt.pdf.





Bear & Marleen made Placemats using half a Jell Roll while,

on "Hold hold







Diana Knight I completed the quilting and piped-edge binding on my Cactus Flower table runner.





DOROTHY SPAIN Master Quilter







A Word from Our Sponsors!

Cynthia's of Bend

Hopefully everyone is healthy during these troubling times, it has been amazing to see the local sewing community already starting to make masks for our local health care providers.

With the latest order from Governor Brown in place, Cynthia's of Bend will continue to implement approved social distancing policy and remain open with curbside pick up and drop off, along with limited hours of operation. We feel it is important to be there to support our local sewists with all of their service and products needs.

Current hours of operation
Tuesday, Thursday & Saturday
10:00am - 2:00pm

If you have any questions please email us at cscbend@gmail.com and we will contact you directly to help you thru your issue. Our repair shop will continue to process machine repairs in a timely manner, and we can continue to supply all your product needs.

If you are looking for a new machine, please remember that your best support will come from your local dealer, Cynthia's of Bend. We are able to ship all of our machines during this stay at home period and are very well stocked with new machines at every price level, starting as low as \$99.99. We will also be including a special 2 year free service & lesson plan, plus 100% upgrade credit for one year with every machine purchased during the partial shut down. Authorized dealers for Baby Lock, Brother, Janome, Juki & Handi Quilter.

If you have questions, concerns or would like to order anything. Please email us at cscbend@gmail.com, we will be monitoring and responding thought the shutdown. Many of our products are available to order online at www.cscbend.com or you can click on the blue button below.

Thank you all for your support of Cynthia's and our family and staff,



























A Word from Our Sponsors - continued

With donations, classroom space, and special activities, local businesses have supported our guild. We greatly appreciate their support and through a monthly news column we want to promote their

BJ'S QUILT BASKET

Well, Friends, life just gets more and more interesting, doesn't it? I will keep this short and sweet (like me, ha ha!)--

We are open for Curbside Pickup 11AM-2PM Monday - Saturday. Place an order by phone or online by noon and we will have it ready for pickup the same day. We are also still taking quilts for custom and edge to edge quilting.

Since it looks like we will have to cancel spring Shop Hop this year, I am designing a fun quilt along. Watch your email (subscribe now if you're not on our email list!) or our Facebook page for more details.

Stay healthy! Kathy





MATERIAL GIRL FABRICS

307 NW 7th Street, Redmond (541) 923-1600



HOMESTEAD QUILTS AND GALLERY

Hi from Homestead Quilts and gallery.

We are open to serve you even though we can't let you in the front door. We are manning the phones from 10 AM to 2 PM and welcome your phone orders email orders or web orders. We do have curbside service, all you need to do is call when you're ready to pick up your product and we will deliver it to your car or the front door. We are accepting completed masks and delivering them for you to facilities that need them. Thank you for your support.

Take care. Cathy and staff





BJ's Quilt Basket 20225 Badger Rd Bend, OR 97702 (541)383-4310

Owner: Kathy Shaker www.bjsquiltbasket.com

Visit our 6,500 sq ft shop for all your quilting needs or rent our classroom for your next event!

Stitchin' Post

Hi Everyone,

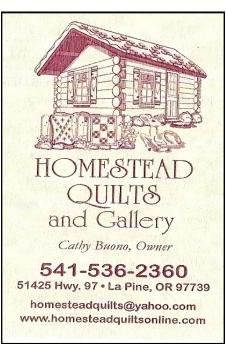
We hope that all of you are staying in place and are healthy. We are open for curbside pickup from 9 am - noon Monday, through Friday--give us a call, or send us an email with your phone number, and we will get your order ready so you can pull up behind the store and we'll run it out to you. We are also still processing online orders.

I know for me (Jean), I am finishing up lots of projects and it feels good. I have also been baking and cooking dinners some nights for Val and her family as she and Olivia (Livy) are processing orders and shipping goods out. I am so proud of Val and how she has worked with this unexpected health issue. We are determined to help as many makers as we can during these times. We had a lot of kits ready to go on the web and you can see some fabulous quilts. Nancy Hoff just finished a traditional quilt that is stunning. They there is an adorable baby quilt among other ideas.

Val has me preparing to teach on an online ZOOM workshop that she and Olivia will film and post. If you are not getting our newsletter you might want to sign up; go to our web site and look in the lower right hand corner for the subscription link. You might want to check out our blog too--there are all kinds of ideas as well as my Dreaming in Color posts. We are certainly looking forward to warmer weather and healthier times in the world

Stay safe and healthy!!!
Jean and Val





























THREAD DANCING BY JULIA JEANS

Long Arm Quilting Services AND Long Arm Machine Rentals...

A free-motion long arm quilter that quilts all styles of quilts specializing in custom work. Work is individualized whether it's a custom or an all over quilting design. Julia has quilted over 1,500 quilts in her 8 years as a long arm quilter. As a quild member, you are welcome and encouraged to call for individual consulting and help in quilting designs for your own individual projects.

- For more information on quilting services, class sign ups and machine rentals, please call or email Julia Jeans @ (541) 728 1286 / Julia@Threaddancing.com.

CAHOOTS QUILTING

Sue and Matt Humiston (mom and son) of Cahoots Quilting are now available to quilt your quilt tops. Our new Longarm machine will accommodate quilts up to 14 feet wide. We can do computerized edge to edge programs, custom programs and free motion. Borders and sashes are not a problem. As guild members we can pick up and deliver at the meetings or will be happy to make other arrangements. Give us your quilt project and the second project will be 25% off. Matt @ 541 977-4222 or Sue @ 541 977-4220. Email us at cahootsquilting@gmail.com





EMBROIDERY WITH A HEART

8 Years experience

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Barbara Owens - 541-536-2180

























